

STEM CONNECT

Tardigrades, Trehalose and Desiccation Resistance

Anhydrobiosis is the capability of some organisms to survive despite absence of water, otherwise called desiccation. The disaccharide of glucose, namely trehalose has been shown to maintain stability of enzymes and other proteins within cells of desiccated animals such as tardigrades as well as nematodes, thus allowing these organisms to be alive in harshly dry environments. Tardigrades or "little water bears" were discovered by the German zoologist Johann August Ephraim Goeze in 1773, while the name was given by the Italian biologist Lazzaro Spallanzani, based on the Latin word "tardigrado" which means walker. Tardigrades are commonly one millimeter in length. They can survive in harsh environments with temperature range from -273 degrees Celsius (150 degrees Celsius), as well as those in deepest trenches and even the vacuum environment. During anhydrobiosis, tardigrades lose the water that maintains the shape and conformation of proteins, carbohydrates and lipids are greatly reduced. The disaccharide trehalose has been reported to take the place of water in the cells of tardigrades so as to prevent their damage during desiccation. Through this finding,

preservation of other cells, tissues and organs could be developed.